SHADY SIDE ACADEMY

Senior School

WEEK 1 (NOVEMBER 5– NOVEMBER 11)

Gluten free options are available daily.
* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Eggs Cooked to Order Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Eggs Cooked to Order Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Eggs Cooked to Order Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Pancake Bar Eggs Cooked to Order or Breakfast Bagel Sandwich Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals Fruit & Yogurt Bar	Waffle Bar Scrambled Eggs or Cranberry White Chocolate Bread Pudding Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals Fruit & Yogurt Bar
Live Well	Garden Breakfast Burrito	Honey Roasted Chicken	Potato Crusted Cod*	Tilapia Piccata*	Quinoa Mediterranean Wrap		
Main Plate	Belgium Waffles or Cheesy Eggs Zesty Home Fries Baked Apples Harvest Oatmeal	Meatball Hoagies or Grilled Eggplant Caprese Sandwich Noodles Brussels Sprouts Vegetable Medley	Croquet Monsieur (France) or Roasted Tomato & Basil Grilled Flats Steak Fries Broccoli & Cauliflower Vegetable Medley	Roasted Turkey or Garden Vegetable Quiche Mashed Potatoes Butternut Squash Vegetable Medley	Pepperoni Pizza or Cheese Pizza Garden Rice Sauteed Greens Vegetable Medley		
Evening Main Plate	Pork Roast or Stuffed Portabellas Au Gratin Potatoes Vegetable Medley	Steak Fajitas or Goat Cheese & Mushroom Quesadilla w/ Chipotle Crème Mexican Rice Vegetable Medley	Coconut Chicken Vindaloo or Vegetable Curry Jasmine Rice Vegetable Medley	Memphis Hot Chicken or Vegetable Naan Sweet Potato Casserole Vegetable Medley	Pierogi Bar	Chef's Choice	Chicken Carbonara or Tortellini ala Vodka Garlic Bread Vegetable Medley

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