



Academic Accommodations: These are to be used as a general guide until the student has their individualized accommodations from the physician

Testing:

- Extra time to complete tests/quizzes
- Testing in a quiet environment
- Testing across multiple periods
- Reduction in length of exam
- No standardized testing

Note Taking:

- Allow student to obtain notes ahead of time if possible, or allow student to have photocopied notes from another trusted student.
- **Note taking may be difficult because of delayed multi-tasking abilities.**

Workload reduction:

- Shorten exams/projects/homework to necessary skill building education
- Allow student to passively learn (see note taking above).

Breaks:

- Allow the student to take breaks as needed (to visit the nurse or to get away from a trigger such as noise, computer screen, etc.).

Extra Time:

- A symptomatic student needs extra rest which could result in turning an assignment in late. Please see Workload Reduction above.

Attendance Restrictions:

- The student may attend school for a full day, a half day or not at all. In severe cases, the student may need to take a medical leave. Please document attendance as normal.

Other Accommodations:

- Allow the student to wear sunglasses if they report sensitivity to light or with screen use.
- No Physical Education or Athletics until cleared by the physician.



- Please report any symptoms that the child reports or displays to the nurse. It is important for healing that we have open communication.

In conclusion, please report any questions or concerns to the Nurse, Counselor, or Director of Learning Services. The above list is taken from UPMC Concussion Clinic's standard accommodation list. Each student when evaluated will receive their own specific accommodations. Every student with a concussion will not need to have every accommodation. This is just a general range.