

COMMUNITY NORMS



RESPECT IDENTITIES & BACKGROUNDS

- Approach conversations and interactions with empathy, and acknowledge that our experiences and backgrounds are diverse and shape our beliefs.

PRACTICE SELF-CARE

- Realize that the people around you are willing to help you and that reaching out for support is not a sign of weakness.

LISTEN INTENTIONALLY

- Listen wholeheartedly with positive intent to learn, understand and gain commonality.
- Lean into discomfort and suspend judgment of yourself and others.
- Recognize that ideas are nuanced and complex.

SPEAK THOUGHTFULLY

- Speak from the “I” perspective; express yourself passionately and thoughtfully.