

## Middle School MARCH 2023

\* denotes an upcharge. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 National Pig Day! Carolina Pulled Pork Sandwich or Cheesy Beyond Burger Sweet Potato Wedges Baked Beans Vegetable Medley	2 Open Faced Roast Beef Sandwich or Roasted tomato & Cheese Pie Mashed Potatoes Green Beans Vegetable Medley	3 Chicken Fajitas or Cheese Quesadillas Mexican Rice Corn Vegetable Medley
6 Indian Butter Chicken or Roasted Tomato & Hummus Ciabatta Basmati Rice Roasted Cauliflower Vegetable Medley	7 Italian Sausage Hoagie or Baked Ziti Cheesy Stuffed Breadsticks w/ Marinara Asparagus Vegetable Medley	8 Sweet & Sour Chicken or Teriyaki Stir Fry White Rice Vegetable Egg Rolls Vegetable Medley	9 No Classes!	10 National Ranch Dressing Day! Crispy Ranch Chicken or Southwest Sliders Pickle Chips Broccoli Vegetable Medley
13 Salisbury Steak or Asparagus & Asiago Pie Roasted Potatoes Corn Vegetable Medley	14 National Pi Day! Pepperoni Pizza or Cheese Pizza Onion Rings Carrot Coins Vegetable Medley	15 Chicken Nuggets or Crispy Ranch Zucchini Hoagie Noodles Brussels Sprouts Vegetable Medley	16 National Artichoke Day! Creamy Spinach & Artichoke Chicken or Roasted Vegetable Pasta Garlic Bread Green Beans Vegetable Medley	17 Happy ST. Patty's Day! Battered Fish Sandwich or Pierogi Fried Cabbage & Noodles Peas Vegetable Medley
		SPRING BREAK!		

A complete school lunch consists of: soup, salad, entrée (cold or hot), 2 side dishes, fruit, & milk. We feature locally source vegetables daily (some grown right here on the SSA farm)!