


# SHADY SIDE

## ACADEMY

Pre-K  
NOVEMBER 2019

\* denotes an upcharge.  
Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>Stuffed Crust Pizza</b> Vegetable Barley Honey Carrots  Snack: Popcorn
4 <b>Chicken Nuggets</b> Noodles Parmesan Roasted Cauliflower  Snack: Quaker Snacks	5 <b>Meatloaf</b> Mashed Potatoes Corn  Snack: Mini Waffles	6 <b>Lasagna</b> Garlic Knots Asparagus  Snack: String Cheese	7 <b>Sloppy Joes</b> Tater Tots Roasted Carrots  Snack: Pretzels	8 <b>Cheese Pizza</b> Tomato Basil Orzo Green Peas  Snack: Celery w/ Wow Butter
11 <b>Tortellini Alfredo</b> Breadsticks Brussels Sprouts  Snack: Elf Grahams	12 <b>General Tso's Chicken</b> Fried Rice Broccoli  Snack: Mini Bagels w/ Cream Cheese	13 <b>Deep Dish Pizza</b> French Fries Green Beans  Snack: Kale Chips	14 <b>Creamy Chicken Mac &amp; Cheese</b> Rice Pilaf Roasted Cauliflower  Snack: Chex Mix	15 <b>No Classes!</b>
18 <b>Hot Dogs</b> French Fries Baked Beans  Snack: Popcorn	19 <b>Spaghetti &amp; Meatballs</b> Cheesy Garlic Bread Sautéed Kale  Snack: Cheese Cubes w/ Crackers	20 <b>Cheeseburger</b> Onion Rings Corn on the Cob  Snack: Animal Crackers	21 <b>French Toast Sticks</b> Home Fries Baked Apples  Snack: Soft Pretzels w/ Wow Butter	22 <b>Cheese Pizza</b> Risotto Green Beans  Snack: Goldfish Crackers
25 <b>Chicken Parmesan</b> Noodles Broccoli  Snack: Mini Pancakes	26 <b>Pulled Pork</b> Loaded Tots Zucchini  Snack: Nutrigrain Bars	HAPPY THANKSGIVING! 		

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A complete school lunch consists of: soup, salad, entrée (cold or hot), 2 side dishes, fruit, & milk.  
We feature locally source vegetables daily (some grown right here on the SSA farm)!