


SHADY SIDE

ACADEMY

Senior School
WEEK 3 (NOVEMBER 16– NOVEMBER 22)

Gluten free options are available daily.
* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Sausage Egg & Cheese Bagel Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Everything Egg Bake Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	French Toast Sticks Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Ham & Egg Croissant Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits			
Comfort Combo		Creamy Mushroom Soup w/ French Onion Roast Beef		Zuppa Toscana w/ Italian Chicken Panini	Pumpkin Pancakes w/ Cream Cheese Swirl or Egg McMuffin Kielbasa & Potato Hash	Waffle Bar or Assorted Scrambled Eggs Apple Streusel Pizza	Scrambled Eggs Or Bacon egg & Cheddar Biscuit Pumpkin French Toast
Deli Sandwich	Turkey & Provolone on Brioche	Turkey & Provolone on Brioche	Turkey & Provolone on Brioche	Turkey & Provolone on Brioche	Bacon Potato Pancakes Assorted Breads Assorted Cold Cereal Assorted Fruits	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals
A Little Extra	Spicy Chicken Sandwich or Egg Salad (croissant, wrap, scoop)	Spicy Chicken Sandwich or Egg Salad (croissant, wrap, scoop)	Spicy Chicken Sandwich or Egg Salad (croissant, wrap, scoop)	Spicy Chicken Sandwich or Egg Salad (croissant, wrap, scoop)			
Main Plate	Chicken & Avocado Caesar or BBQ “Beef” Sandwich Loaded Potato Salad Celery w/ Ranch	Tex-Mex Rice Bowl or Italian Wrap Pita Chips Fruit Salad	Chicken Gyro Bowl or Hummus Avocado & Veggie Wrap Cheddar Sun Chips Apple	Cheeseburger Salad or Buffalo “Chick’n” Hoagie Waffle Fries Tossed Salad			
Evening Main Plate	Chicken Alfredo or Vegetable Scampi Garlic Bread Vegetable Medley	Chef’s Choice	Shepherds Pie or White Bean Stew Dinner Rolls Vegetable Medley	Thanksgiving Dinner 	BBQ Chicken Tender Sandwich or Grilled Stuffed Vegetable Burritos Loaded Tots Fresh Vegetable	Carolina Pulled Pork or Fried Green Tomato Pita Seasoned French Fries Fresh Vegetable	Chinese Take Out