

SHADY SIDE

ACADEMY

Senior School
WEEK 3 (FEBRUARY 15– FEBRUARY 21)

Gluten free options are available daily.
* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers		Chicken & Waffles Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	French Toast Sticks Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Chef's Choice Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Breakfast Sandwich Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		
Comfort Combo	Apple Cranberry French Toast Bake Sausage Egg & Cheese Pancake Stack Scrambled Eggs Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Potato & Leek Soup w/ Portobello Rustico Sandwich Combo		Chili w/ Honey Mustard Chicken Sandwich Combo		Chef's Choice or Huevos Rancheros Egg & Cheese Muffin Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Assorted Scrambled Eggs or Pancake Bar Breakfast Taquitos Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals
Deli Sandwich		Turkey & Swiss	Turkey & Swiss	Turkey & Swiss	Turkey & Swiss		
A Little Extra		Chicken Tenders or Egg Salad (scoop, croissant, wrap)	Chicken Tenders or Egg Salad (scoop, croissant, wrap)	Chicken Tenders or Egg Salad (scoop, croissant, wrap)	Chicken Tenders or Egg Salad (scoop, croissant, wrap)		
Main Plate		Vegetarian Sushi Bowl or Breakfast Burger Cheesy Tots Baked Beans	Buffalo Blue Chicken Salad or Eggplant Parmesan Panini Noodles Green Beans	Greek Salad or Chili Dogs Mac & Cheese Bites Peas	KFC Bowls or Crispy BBQ Cauliflower Pita Salsa Sun Chips Orange		
Evening Main Plate	Chef's Choice	Flank Steak or Vegetable Primavera Roasted Yukon Potatoes Vegetable Medley	BREAKFAST FOR DINNER Grilled	Pizza Shop Night	Chicken Fajitas or Cheese Quesadilla Cilantro Lime Rice Mexican Street Corn	Beef Stroganoff or Fire Roasted Vegetable Panini Noodles Fresh Vegetables	Chicken Diavolo or Tortellini Florentine Cheesy Breadsticks Fresh Vegetable