

# SHADY SIDE

## ACADEMY

Senior School  
WEEK 5(OCTOBER 28– NOVEMBER 3)

Gluten free options are available daily.  
\* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Eggs Cooked to Order Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Eggs Cooked to Order Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Eggs Cooked to Order Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		
Live Well	Broccoli Cheddar Tart	Spinach Tomato & Feta Pie	Pineapple Shrimp	Cider Short Ribs	Tuna Caesar Wrap	Chef's Choice Eggs Cooked to Order Hash Browns Breakfast Meat	Chocolate Zucchini Pancakes or Steak & Eggs Cheesy Scrambled Eggs
Main Plate	Roasted Garlic Chicken or Grilled Cheese  Sweet Potato Tots  Zucchini Vegetable Medley	Berry French Toast or Cheesy Scrambled Eggs  Home Fries  Bacon Loaded Overnight Oats	Carnival Day All Beef Corn Dogs or Beyond Italian Sausage Hoagie  Fair Fries  Fried Veggies Vegetable Medley	Happy Halloween! BBQ Bat Wings or Vegetable Graveyard Pie  Toxic Mac & Cheese  Green Beans Vegetable Medley	BBQ Chicken Pizza or Cheese Pizza  Roasted Vegetable Barley  Honey Glazed Carrots Vegetable Medley	Assorted Breads Fresh Baked Treats Assorted Cold Cereals Fruit & Yogurt Bar	Home Fries  Assorted Breads Fresh Baked Treats Assorted Cold Cereals Fruit & Yogurt Bar
Evening Main Plate	Snack Calzones or Worms for Brains  Vampire Bread Vegetable Medley	Miso Bowls	Parmesan Crusted Pork or Squash & Vegetable Cassoulet  Roasted Potatoes w/ Garlic & Rosemary Vegetable Medley	Ball Park Night	Grilled Cheese & Soup Night	Philly Cheese Steak Button Mushrooms Vegetable Medley	Sweet & Sour Pork  Rice  Broccoli Vegetable Medley

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