

# SHADY SIDE ACADEMY

*Country Day  
December 2019*

\* denotes an upcharge.  
Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>No Classes!</b>	3 <b>Beef Tacos</b> or <b>Cheese Quesadillas</b> Mexican Rice Corn  Gluten Free: GF Tacos	4 <b>MONGOLIAN BBQ</b> <b>Crispy Chicken</b> or <b>Stir Fry Noodles</b> Rice Fried Cabbage  Gluten Free: GF Crispy Chicken	5 <b>BBQ Chicken</b> or <b>Pierogis</b> Green Beans  Gluten Free: BBQ Chicken	6  <b>No classes!</b>
9 <b>Popcorn Chicken</b> or <b>Cheesy Flatbread</b> Au Gratin Potatoes Butternut Squash  Gluten Free: GF Chicken Bites	10 <b>Garlic Chicken</b> or <b>Sweet Teriyaki Eggplant</b> Rice Vegetable Egg Roll  Gluten Free: GF Garlic Chicken	11 <b>MAMA'S FAVORITES</b> <b>Oven Roasted Beef</b> or <b>Baked Macaroni &amp; Cheese</b> Corn Bread Rolls Bacon Brussels Sprouts  Gluten Free: Oven Roasted Beef	12 <b>Roasted Turkey</b> or <b>Tomato Spinach Naan</b> Mashed Potatoes Harvest Vegetable Stuffing  Gluten Free: Roasted Turkey	13 <b>Stuffed Crust Pizza</b> or <b>Lemon Pepper Salmon*</b> Risotto Broccoli  Gluten Free: GF Pizza
16 <b>Chicken Parmesan</b> or <b>Stuffed Tomatoes</b> Roasted Redskins Peas  Gluten Free: GF Chicken Parmesan	17 <b>Waffles</b> or <b>Ham &amp; Cheese Scrambled Eggs</b> Tater Tots Baked Apples  Gluten Free: GF Waffles	18 <b>KID'S CHOICE</b> <b>Chicken Tenders</b> or <b>Bagel Pizzas</b> Noodles Corn  Gluten Free: GF Chicken Chunks	19 <b>Hamburgers</b> or <b>Black Bean Burgers</b> French Fries Carrots  Gluten Free: Burger on GF Bun	20 <b>Buffalo Chicken Flatbread</b> or <b>Cheesy Flatbread</b> Rice Pilaf Zucchini & Squash  Gluten Free: GF Pizza

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A complete school lunch consists of: soup, salad, entrée (cold or hot), 2 side dishes, fruit, & milk.  
We feature locally source vegetables daily (some grown right here on the SSA farm)!