

SHADY SIDE

ACADEMY

Senior School

WEEK 1(MARCH 6-MARCH 12)

Gluten free options are available daily.

* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	<div>Omelet Station</div> <div>Banana Chocolate Chip</div> <div>Pancakes</div> <div>Bacon</div> <div>Breakfast Potatoes</div> <div>Assorted Breads</div> <div>Assorted Cold Cereal</div> <div>Assorted Fruits</div>	<div>Waffle Bar</div> <div>Egg Spinach and Cheese</div> <div>Naan</div> <div>Sausage</div> <div>Breakfast Potatoes</div> <div>Assorted Breads</div> <div>Assorted Cold Cereal</div> <div>Assorted Fruits</div>	<div>Omelet Station</div> <div>French Toast Sticks</div> <div>Bacon</div> <div>Breakfast Potatoes</div> <div>Assorted Breads</div> <div>Assorted Cold Cereal</div> <div>Assorted Fruits</div>	<div>Waffle Bar</div> <div>Spinach and Cheese Egg</div> <div>Frittatas</div> <div>Bacon Dippers</div>	<div>Omelet Station</div> <div>Chef's Choice</div> <div>Bacon</div> <div>Breakfast Potatoes</div> <div>Assorted Breads</div> <div>Assorted Cold Cereal</div> <div>Assorted Fruits</div>	<div>Chefs Choice</div> <div>Poached Eggs on a bed of</div> <div>Spinach and Roasted</div> <div>Onions</div> <div>or</div> <div>Buttermilk Pancakes</div>	<div>Cheesy Eggs</div> <div>Southwest Breakfast Burrito</div> <div>or</div> <div>Eggs Benedict Croissant</div>
Main Plate	<div>Indian Chicken</div> <div>or</div> <div>Roasted Tomato & Hummus</div> <div>Ciabatta</div> <div>Basmati Rice</div> <div>Roasted Cauliflower &</div> <div>Lentils</div> <div>Vegetable Medley</div>	<div>Chicken Nuggets</div> <div>or</div> <div>Buffalo Zucchini Hoagie</div> <div>w/ Bleu Cheese</div> <div>Noodles</div> <div>Garlic Brussels Sprouts</div> <div>Vegetable Medley</div>	<div>BBQ Chicken Pizza on</div> <div>Cauliflower Crust</div> <div>or</div> <div>Black Bean Crepe</div> <div>w/ Cilantro Cream</div> <div>French Fries</div> <div>Roasted Zucchini w/</div> <div>Tomatoes</div> <div>Vegetable Medley</div>	<div>Egg and Ham Crepes</div> <div>Grilled Ham</div> <div>Breakfast Potatoes</div> <div>Assorted Breads</div> <div>Assorted Cold Cereal</div> <div>Assorted Fruits</div>	<div>National Ranch Dressing</div> <div>Day!</div> <div>Lemon Caper Cod</div> <div>or</div> <div>Mushroom Ranch Pizza</div> <div>Rice Pilaf</div> <div>Roasted Broccoli</div> <div>Vegetable Medley</div>	<div>Cheesy Potatoes</div> <div>Breakfast Sausage</div> <div>Assorted Breads</div> <div>Fresh Baked Treats</div> <div>Assorted Cold Cereals</div>	<div>Breakfast Potatoes</div> <div>Bacon</div> <div>Assorted Breads</div> <div>Fresh Baked Treats</div> <div>Assorted Cold Cereals</div>
Evening Main Plate	<div>Chefs Choice</div>	<div>Open Faced Chipotle Carne</div> <div>Asada Sandwich</div> <div>or</div> <div>Assorted Flat Bread Pizza</div> <div>Spanish Rice</div> <div>Fresh Vegetable</div> <div>Vegetable Medley</div>	<div>Polish Kielbasa w/</div> <div>Sauerkraut</div> <div>or</div> <div>Pierogis</div> <div>Cabbage and Noodles</div> <div>Fresh Green Beans</div>	<div>National Meatball Day!</div> <div>MEATBALL</div> <div>MADNESS</div>	<div>Chicken Bacon Ranch</div> <div>Hoagie</div> <div>or</div> <div>Ranch Burritos</div> <div>Curly Fries</div> <div>Fresh Vegetable</div> <div>Vegetable Medley</div>	<div>National Eat Your Noodle</div> <div>Day!</div> <div>Build Your Own</div> <div>Pasta Bar</div>	<div>Baked</div> <div>Potato Bar</div> <div>(Regular or Sweet)</div>