

## **Shady Side Academy Team Expectations**

All athletes are expected to perform at their highest level during games and practices. Athletes are expected to excel both on the field and in the classroom. Our primary goal is to become the most competitive team that we can be. The best and most qualified combination of players will participate in games at the varsity level. Equal playing time is not a guarantee at the varsity level. The JV level allows for equal playing time and opportunities to improve individual and team skills. All athletes are expected to respect themselves, teammates, coaches, referees, and opponents on and off the field.

Players are expected to be at their best at all times. All players will be held accountable for their actions on and off the field.

Specific Expectations:

- To fulfill their commitment to the team by attending all meetings, practices, and games. Individual exceptions will be made for illness, injury, academic, and personal needs.
- If a player has an unexcused absence, they will lose playing time in the following game.
- When an injury occurs, players will be examined by the trainer to determine a proper recovery program.
- Players will ride on the bus to all away games. Players can ride home with a parent if a note is given to the coaches.